

1  **Honesty and Humility**

2  **Prayer gives the spiritual sensitivity to discern the current moment and positions us to overcome temptation.**

- *"And he came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. And when he came to the place, he said to them, "Pray that you may not enter into temptation.""* (Luke 22:39–40, ESV)

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3  **Prayerlessness lies at the root of failure to follow the known will of God.**

- *"And when he rose from prayer, he came to the disciples and found them sleeping for sorrow, and he said to them, "Why are you sleeping? Rise and pray that you may not enter into temptation.""* (Luke 22:45–46, ESV)

4  **A main function of prayer is to bring us from where we are to submission to God's will.**

- *"And he withdrew from them about a stone's throw, and knelt down and prayed, saying, "Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done." And there appeared to him an angel from heaven, strengthening him. And being in agony he prayed more earnestly; and his sweat became like great drops of blood falling down to the ground." (Luke 22:41–44, ESV)*